



2023 Palau Independence Day Open Water

Saturday, September 30, 2023 - Skojio Ramp
Pre-register by email (palauswimming@gmail or
at pool 4:30-7:00 PM or

Saturday September 30 between 7-7:30 AM

**NOTE ALL SWIMMERS MUST CHECK IN BY 7:30 AM on September 30
FREE EVENT – FIRST EVER MIXED OPEN WATER RELAY IN PALAU**

RACE NUMBER

NOTE: ALL Mixed Relay Teams must have at least (1) female swimmer; teams encouraged to include a national swimmer, a Lion/Jr Lion Swimmer, and community swimmers but all community teams encouraged

Participant Name: _____
FIRST LAST

Date of birth: ____/____/____ Age: ____ Sex: ____ Nationality: ____
MM DD YEAR

Home Phone: _____ Cell: _____ Email: _____

Emergency Contact Name & Number: _____

Circle the events you want to swim: 250m 500m 4X250 Mixed Relay

Swimmers in individual events are encouraged to also swim relay.

RELAY EVENT ONLY: TEAM NAME: _____

Provide names of team members; each team member should submit their own form with individual liability waiver.

1st Swimmer _____ 2nd Swimmer _____

3rd Swimmer _____ 4th Swimmer _____

Official Release Form (Mandatory Signature): In consideration of the acceptance of this for entry in the above described event(s), I the undersigned, intending to be legally bound hereby, waive, release, and discharge for myself, my heirs, executors, and administrators, any and all claims for any and all losses or damages, death, personal injury, or property damage which I may have or which may subsequently accrue to me against Palau Swimming Association, the Palau National Olympic Committee, the Palau Pacific Resort, and all other sponsors/parties and their representatives or successors and assign as a result of my participation. I understand that the Palau Open Water swim is a potentially difficult and strenuous athletic event and attest that I am physically fit and sufficiently trained for the completion of these events. I also agree to assume all risks associated with participation in the events, and release and hold harmless all of the persons or entities mentioned above who might otherwise be liable to me for damages. I further agree to adhere to any and all rules and conditions that the organizers decide upon for these events and I understand that such rules will be enforced for the safety of others and myself. I grant full permission to the organizers of these events to use any photographs, video, recordings, or other likeness of my image or voice while participating in the event for any publicity or promotional purposes deemed appropriate by the organizers of these events.

Athlete's Signature: _____ Date: _____

Release for Minors (Mandatory for participants under 18 years old):

I, _____, Parent/Legal Guardian of _____ (minor) hereby grant my permission to said minor to participate in the Palau Open Water swim. I have read and agreed to the above release form and agree that said minor will adhere to any and all rules and policies stated above. I attest that the minor is physically fit and able to compete in these events and understand that the organizers will not be held in any way responsible for said minor in the event of any such injury or accident which may occur.

Signature of Parent/Legal Guardian: _____ Date: _____